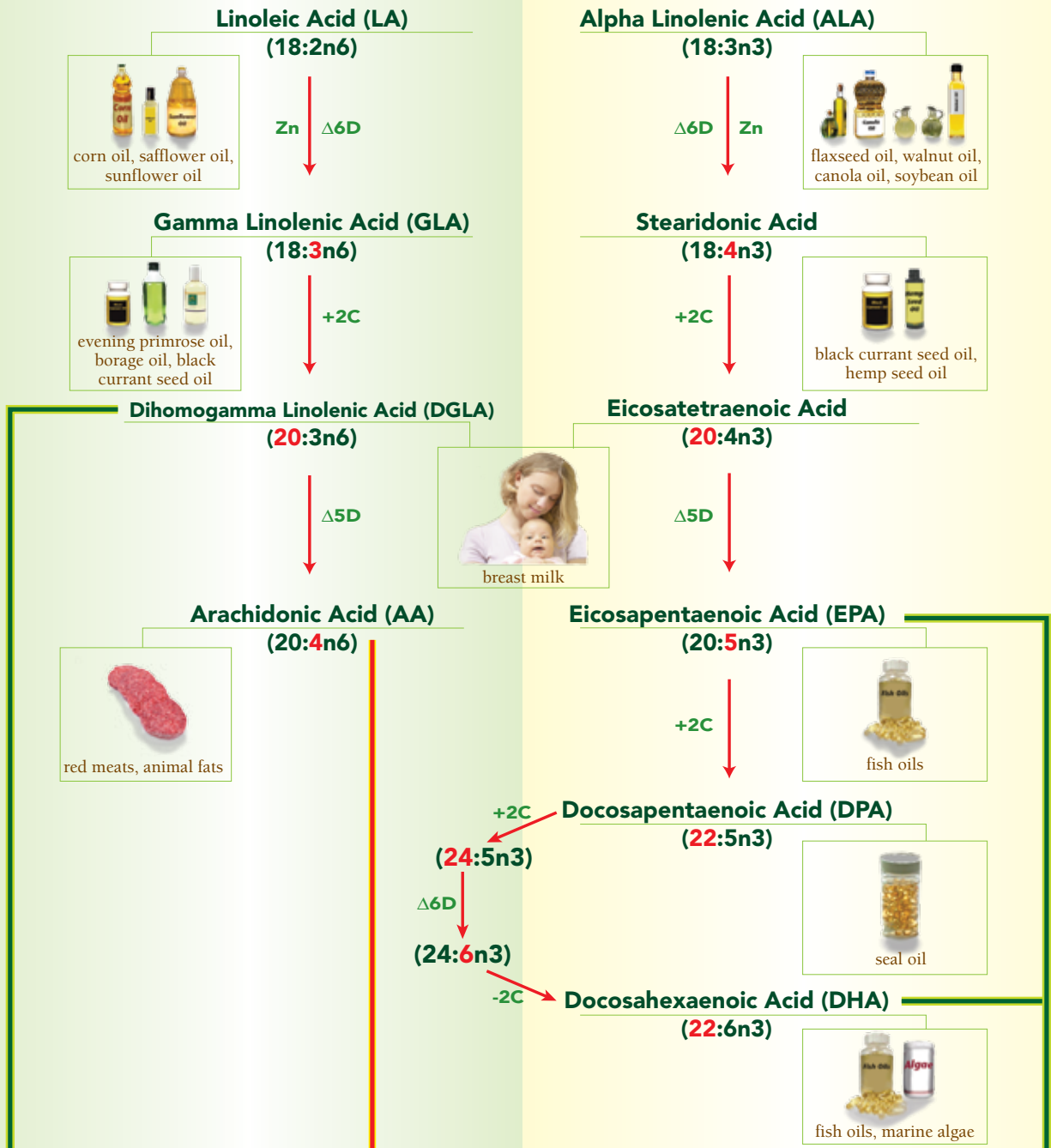


FATS ARE ESSENTIAL TOO!

OMEGA-6 FATTY ACIDS

OMEGA-3 FATTY ACIDS



**SERIES 1
EICOSANOIDS**
Anti-Inflammatory

**SERIES 2
EICOSANOIDS**
Pro-Inflammatory

**SERIES 3
EICOSANOIDS**
Anti-Inflammatory



Δ6D = Δ6 Desaturase
 Δ5D = Δ5 Desaturase
 +2C = Elongase
 -2C = Peroxisomal Oxidation

