

IV Nutrient Therapies FAQ

IV (Intravenous) Nutrient Therapy:

With the rising prevalence of chronic illness, the increased cost and side effects of pharmaceuticals as well as the need for safe, inexpensive therapies for chronic illnesses; people are seeking new means for treatment of their health concerns. One of these methods is IV (intravenous) nutrient therapy.

IV nutrient therapy is an effective means of treatment with typically no adverse effects for a variety of conditions such as cancer; chronic fatigue syndrome; fibromyalgia; Parkinson's; migraine headaches; autoimmune conditions; Lyme disease and other chronic infections; environmental toxicity; and malabsorption problems. IV Chelation Therapy is utilized for the treatment of heavy metal toxicification.

How it Works:

Due to illness or aging, the body is not always able to absorb its required dietary nutrients effectively. IV nutrient therapy allows for optimal utilization of these required nutrients by being introduced directly into the body's circulation. Further, IV therapy allows for the administration of therapeutic doses of nutrients that are not available to the body by oral routes for the treatment of disease.

A person with chronic illness often needs a boost that will allow the body to restore itself to its natural state of harmony. Vitamin C, Glutathione, and customized nutrient therapies such as 'Myers' Cocktail' are a just a sampling of the IV supplements that are utilized.

The most common composition of the Myers' Cocktail is:

- B complex: 1 cc
- Vitamin C: 1-10 cc or more, usually 222 mg/cc or 500 mg/cc
- Magnesium: 1-4 cc either 20% chloride or 50% sulfate
- Dexpanthenol (B5): 1-2 cc
- Calcium: 1-4 cc (sometimes not given to those who have cardiac problems or older patients)

Frequent additions are:

- B12: 1 cc
- B6: 1 cc
- Adrenal cortical extract (ACE): 1-2 cc
- Glyceron (an extract of licorice called glycyrrhizin): 1-2 cc
- Glutathione (an antioxidant): 1-2 cc

Side effects are rare, almost always limited to irritation at the site of the injection. The most common sensations are heat and flushing (a magnesium effect), and the taste of vitamins soon after the injection starts.

Myers' Cocktail injections are usually given one to two times per week, and beneficial effects are usually felt by the fourth treatment. Many patients with chronic conditions choose to continue the injections every one to four weeks or whenever they feel their energy decreasing.

IV therapy can help treat a variety of conditions:

- Cancer
- Chronic fatigue syndrome
- Fibromyalgia
- Parkinson's Disease
- Migraine Headaches
- Autoimmune conditions
- Lyme Disease and other chronic infections
- Environmental Toxicity
- Malabsorption problems
- Asthma
- Flu symptoms
- Peripheral Artery Disease
- Macular Degeneration

Your Initial IV Consultation and Treatment

A detailed IV protocol will be constituted after your assessment for candidate viability. Throughout the course of your treatments, your progress should be monitored and assessed by your doctor.

Several factors are considered when customizing an IV protocol for a patient: detailed medical and nutritional history; symptom analysis; gastrointestinal status; and blood lab testing. Other testing may be

done to evaluate the patient's ability to absorb nutrients that aide and support the absorption of other required bodily nutrients. Most importantly, we take into consideration the therapeutic effects of certain nutrients on the specific disease state being addressed when formulating customized IV nutrient components for the patient.

Future sessions might last from 20 minutes to 1-2 hours depending on the severity of the illness and response to the treatment.

Benefits

Benefits seen by patients vary and depend on the severity of the illness and individual response to treatment. The desired goals expected are improvement in energy and appetite, enhanced well-being and decreased symptoms related to the chronic illness addressed.