



How Vibroacoustic Therapy Can Help You

You have an amazing human body very capable of healing itself — provided that it's not overloaded with stresses, low-level viruses, bacterial infections, molds and fungus, parasites, environmental toxins, allergies, electromagnetic smog - all of these outside influences create a stress on the body system. We can help you to reduce your stress level and improve both health and mental clarity through a *non-drug, non-invasive approach*.

Did You Know? Every organ, bone and virtually every “cell” in your body vibrates at its own [resonant frequency](#). Together, they make up a composite frequency not unlike that of a symphony orchestra. When an organ in your body is out of tune, it can affect the health of your entire body!

Vibroacoustic Therapy works at a physical, cellular level balancing the areas within the body that are ‘out of balance’ and removing toxins, bacteria and viruses etc; that may have accumulated over a period of time. The treatment serves to remove the obstacles that are preventing the body’s natural immune system resources from doing its job. [Vibroacoustic Therapy](#) encourages and strengthens the body’s own natural mechanisms of recovery and restores equilibrium to those areas of the body’s systems that are out of balance.

Research has also demonstrated that Vibroacoustics can work within the effective range of a vibration-induced, [natural pain-suppressing mechanism](#) of the Pacinian Corpuscles, pressure-sensitive nerve endings located in the subcutaneous and connective tissues surrounding visceral organs and joints.

How? During your [S.M.A.R.T. Lounge session](#), sound waves which we’ve programmed at very specific frequencies will generate an “internal massage” at the cellular level. In this way, organs deep within your body which we cannot reach by traditional methods – nerves, glands, heart, lungs, deep-lying blood vessels, myofascial and brain tissue are gently stimulated through sound vibrations. The physical experience of sound vibrations in Vibroacoustic Therapy has immediate beneficial effects both bodily and psychologically via triggering the ‘[Relaxation Response](#)’, which initiates numerous positive health benefits. In a [successful program](#) at the Clinical Center of the National Institutes of Health (NIH), researchers attained more than 50% reduction of pain and other symptoms using Vibroacoustic technology. Because of this accomplishment, the Vibroacoustic program has been an ongoing patient and family treatment offering at the NIH for over ten years and continues to obtain these effective results.

Clinical Studies Have Shown Vibroacoustic & BioResonance Therapies to be Effective for:

A.D.D. and A.D.H.D.	Focus & Concentration Improvement	Polyarthritis Physical
Anxiety	Insomnia	Pre-Menstrual Symptoms
Aphasia	Low Back Pain	Pressure Ulcers
Asthma	Lymphatic Flow	Range of Motion
Blood Circulation	Menstrual Pain	Rett Syndrome
Blood Pressure	Metachromatic Leucodystrophy	Rheumatism
Brain Stroke	Migraine Headaches	Serotonin Production
Cerebral Palsy	Morbus Bechterew	Sleep Enhancement
Cystic Fibrosis	Multiple Sclerosis	Spastic Conditions
Depression	Muscle Cramps	Sports Performance Enhancement
Edema	Muscle Tone	Stabilize Moods
Emphysema	Nausea	Stress Reduction
Energy Level Improvement	Neck and Shoulder Pains	Stress Resiliency
Fatigue	Pain Management	Varicose Veins
Fibromyalgia	Parkinsonism	